

## REVIEW ARTICLE

# TARGETING MACROPHAGE MIGRATION INHIBITORY FACTOR (MIF): SMALL-MOLECULE INHIBITORS AND THERAPEUTIC STRATEGIES FOR IMMUNE DISORDERS AND CANCER

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## ABSTRACT

Macrophage Migration Inhibitory Factor (MIF) is a critical cytokine implicated in various human disorders, with significant roles in innate and acquired immunity and inflammatory diseases. Recent investigations have linked MIF to the pathophysiology of cancer. Extensive research has been dedicated to studying its structure and actions, leading to its classification as both an enzyme and a hormone. Its isomerase enzymatic activity is exciting, which has sparked enthusiasm for developing specific small-molecule inhibitors targeting this unique enzymatic function to treat inflammatory illnesses potentially. While there is growing awareness of MIF's importance in inflammation and cancer, the availability of adequate and extensively studied MIF inhibitors for relevant disease models remains limited. Advancing drug discovery necessitates the development of highly potent and selective small-molecule MIF inhibitors, along with rigorous validation in disease models. Our review article comprehensively summarizes recent progress recognizing MIF as a pharmaceutical target for inflammatory conditions and cancer. Furthermore, it highlights promising areas for future research in this domain and outlines recent advancements in identifying and designing small-molecule MIF inhibitors. These efforts aim to facilitate the development of novel therapies that target MIF and have the potential to address various disease conditions associated with its dysregulation.

**KEY WORDS:** Cancer; Cytokine; Inflammatory diseases; Macrophage migration inhibitory factor (MIF); Small-molecule inhibitors; Therapeutic potential.

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## I. INTRODUCTION

In 1966, Bloom and David made a groundbreaking discovery by identifying Macrophage Migration Inhibitory Factor (MIF) as an inflammatory cytokine produced by T-cells.<sup>1,2</sup> Since then, the role of MIF in innate immune responses has been widely acknowledged, and its association with various disease processes has been extensively studied.<sup>3-5</sup> Notably, the multifaceted roles of MIF in inflammation and the de-

velopment of diseases have attracted considerable attention, prompting the exploration of therapeutic strategies targeting this intriguing molecule.<sup>6</sup>

Macrophage Inflammatory Factor (MIF) is synthesized at sites of inflammation in response to infections and plays a crucial role in attracting and activating macrophages. These immune cells are integral to several immunological processes, including antigen processing and phagocytosis, contributing significantly to the body's defense against external intruders and the avoidance of infections.<sup>3</sup> The innate immune response, orchestrated by macrophages, is pivotal in mounting early defenses against pathogens and maintaining tissue homeostasis.

Given its involvement in various disease processes over time, MIF has emerged as an attractive candidate for therapeutic development. Numerous disorders, such as atherosclerosis, acute respiratory distress syndrome (ARDS), and rheumatoid arthritis, have been linked to the dysregulation of MIF.<sup>7-9</sup> Additionally, the intriguing combination of MIF's cytokine

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activity and its isomerase enzymatic activity has piqued the interest of researchers seeking to unravel its precise functions in biological systems.<sup>10,11</sup>

Despite extensive research on the functional importance of MIF in various disease models, the identification and validation of the functional consequences of small-molecule MIF tautomerase inhibitors are still in the early stages.<sup>12</sup> The design of small-molecule inhibitors targeting MIF holds promise for disrupting both its cytokine and enzymatic functions, offering a specific means to target inflammation and the underlying mechanisms of illness.<sup>13,14</sup> This potential for targeted interventions presents exciting opportunities for therapeutic applications.

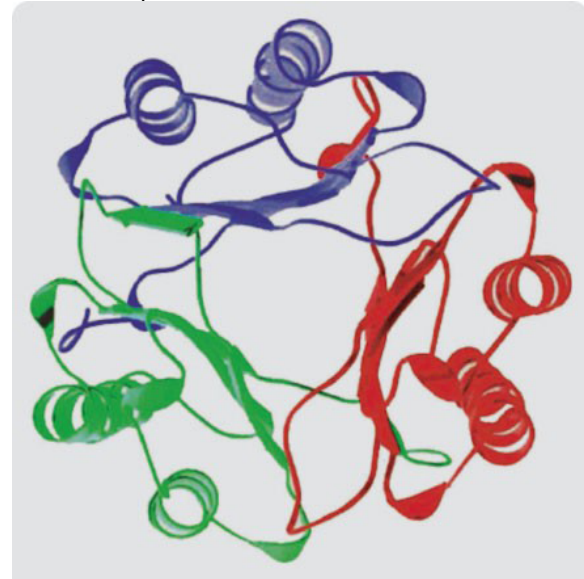
The primary objective of this comprehensive research is to provide a detailed analysis of the latest advancements in understanding the therapeutic potential of MIF as a target in the pathogenesis of inflammatory diseases and cancer. The chapter will focus on elucidating the roles of MIF in innate immunity, inflammation, and disease processes. Furthermore, an in-depth analysis will be conducted on the mechanisms by which small-molecule MIF inhibitors operate, as well as their potential applications in therapy.

By exploring the current state of research in this field and identifying future goals, this review article aims to contribute valuable insights into the development of MIF-targeted therapeutics and their potential impact on improving patient outcomes in various disease conditions associated with MIF dysregulation.

## 2. PROTEIN STRUCTURE

The protein structure of Macrophage Migration Inhibitory Factor (MIF) plays a pivotal role in various biological processes. MIF's existence as a homo trimer, consisting of three identical subunits, has been firmly established through X-ray crystallography and Nuclear Magnetic Resonance (NMR) investigations (Figure 1).<sup>15</sup> Previous studies have conclusively demonstrated that MIF's molecular enzymatic activity depends on the carboxy terminus.<sup>16-18</sup> Of particular importance is the terminal proline (Pro-1) located at the carboxy terminus, which serves as a crucial catalytic base, facilitating MIF's isomerase enzymatic activity.<sup>19</sup> The precise positioning of Pro-1 plays a critical role in enabling the tautomerase activity of MIF. Notably, this activity is entirely abolished when introducing an alanine residue between Pro-1 and Met-2 or substituting proline with either serine or glycine.<sup>20-22</sup> Recent research has provided further insights into the significance of the carboxy terminal region, both in MIF's enzymatic activity and its overall three-dimensional structure.<sup>18</sup> These notable discoveries contribute to a deeper understanding of MIF's distinct molecular properties and its diverse biological roles, making it an intriguing and valuable subject for future investigations across various aca-

demical disciplines.



**Figure 1: Trimeric structure of MIF protein**

Figure 1 illustrates the trimeric structure of the MIF protein, where blue, red, and green colors represent the individual components.<sup>16</sup> For a color illustration, please refer to the online version available at <http://www.interscience.wiley.com/>.

**A. Pathophysiological Significance:** In normal physiological conditions, the macrophage migration inhibitory factor (MIF) concentration ranges from 2 ng/ml to 6 ng/ml, exhibiting a diurnal pattern associated with plasma cortisol levels.<sup>23</sup> However, the pathogenic consequences of MIF have been recognized, particularly its clinical feature of counteracting the inhibitory impact of glucocorticoids on cytokine synthesis when released into the circulatory system due to reduced glucocorticoid levels. This negates the beneficial effects of glucocorticoids in alleviating potentially fatal inflammation caused by endotoxins.<sup>24</sup>

Various acute inflammatory conditions, such as glomerulonephritis, acute lung injury, sepsis, and acute pancreatitis, significantly influence the activity of MIF. Studies have associated the presence of varying amounts of MIF in the human body with the severity and progression of numerous clinical disorders.<sup>25</sup> MIF's enzymatic activities, including well-documented tautomerase activity, have been studied, particularly in tautomerization processes of phenylpyruvate, p-hydroxyphenylpyruvate, and D-dopachrome.<sup>26</sup>

Furthermore, MIF regulates cell cycle advancement through its interaction with the constitutive photomorphogenic-9 (CSN5) signalosome, also known as the fifth component of the c-Jun activation binding protein-1 (JAB1) dependent pathways. This interaction leads to the degradation of the cyclin-dependent kinase inhibitor p27Kip1, promoting cell cycle

progression.<sup>27</sup>

Recent research has emphasized the importance of MIF's carboxy-terminal region in maintaining its overall three-dimensional structure and enzymatic activity. These findings provide significant insights into MIF's unique molecular characteristics and diverse biological functions, making it a compelling subject for future exploration in various scientific fields.

**B. Enzymatic Activity of Macrophage Migration Inhibitory Factor (MIF):** Macrophage Migration Inhibitory Factor (MIF) has been extensively studied for its enzymatic activity. Its tautomerase activity, akin to bacterial enzymes CHMI and DOPD, has been identified, supporting its mode of action.<sup>14</sup> Further research has revealed its interaction with phenylpyruvate and p-hydroxyphenylpyruvate.<sup>26</sup> Additionally, MIF acts as an enzyme involved in thiol-protein oxidation-reduction reactions, converting harmful quinone byproducts of neurotransmitter catecholamines into indole-dihydroxy derivatives, potentially influencing neuromelanin production.<sup>28, 29</sup>

Therapeutic implications of MIF's enzymatic activity have been explored, focusing on developing specific inhibitors targeting MIF tautomerase activity.<sup>18</sup> Notably, ISO-1, a known MIF inhibitor, effectively reduced cytokine activity and improved survival rates in a mouse sepsis model.<sup>30</sup> Recent research highlights the inhibitor 4-iodo-6-phenylpyrimidine (4-ipp) as a promising "suicide substrate" that irreversibly inhibits MIF, particularly in lung cancer cells, showing greater efficiency than ISO-1.<sup>31</sup>

The link between myeloid-derived suppressor cells (MDSCs), chronic inflammation, and cancer development has garnered significant attention. Various epidemiological studies have associated chronic inflammatory conditions with increased susceptibility to cancer.<sup>32</sup> Recent literature reviews underscore the potential significance of MIF as a critical link between excessive inflammation and cancer progression.<sup>14</sup>

The potential therapeutic applications of MIF's C-terminal region warrant further investigation. A comprehensive understanding of the clinical consequences of MIF's enzymatic activity is essential, and the development of targeted inhibitors holds promise for novel treatment approaches. Continued research in this area will advance our knowledge of MIF's enzymatic functions and its potential as a therapeutic target.

**C. MIF, Inflammation, and Cancer:** Multiple malignancies, including breast, colon, liver, lung, neuroblastoma, and prostate, have been associated with an increased expression of Macrophage Migration Inhibitory Factor (MIF).<sup>33-39</sup> In the context of gastric epithelial cells, CagA, a protein synthesized by *Helicobacter pylori*, has been studied to understand its effects on MIF production and CD-74 expression, showing similar outcomes to those of *H. pylori*.<sup>40</sup>

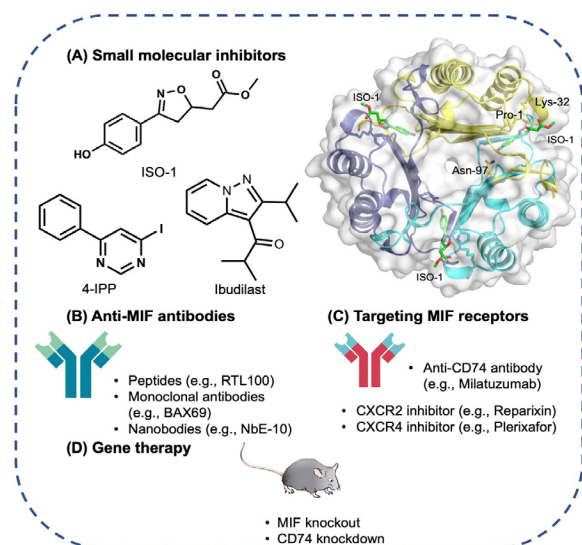
This interaction between CagA and MIF has been observed to promote cellular proliferation.<sup>41</sup>

The role of MIF in tumor formation is believed to be linked to its inhibition of p53, a tumor suppressor gene responsible for impeding cancer progression and tumor development.<sup>42</sup> In breast cancer, elevated MIF levels have been associated with increased angiogenic factors such as IL-8 and VEGF, leading to a poorer clinical prognosis.<sup>43</sup> Additionally, MIF has been found to impair the ability of natural killer (NK) cells to eradicate ovarian cancer tumor cells by reducing NK group 2D expression in both laboratory and clinical settings.<sup>44</sup> Animal studies involving MIF-deficient models have demonstrated significantly slower cancer progression. At the same time, decreased MIF levels have been associated with a reduced inflammatory response in the epidermis after exposure to UVB radiation.<sup>45</sup>

These findings underscore the potential significance of MIF in cancer initiation and progression, particularly in the context of persistent inflammation. However, further research is imperative to gain a comprehensive understanding of MIF's precise mechanisms and therapeutic implications in cancer.

### 3. MIF TARGETED TREATMENT STRATEGIES

Figure 2 illustrates several techniques for antagonizing MIF in the context of targeted treatment strategies for myocardial infarction (MIF). These therapeutic approaches offer intriguing possibilities to modulate MIF activity and functionality, thereby presenting promising avenues for the development of revolutionary treatments that target cancer, malignant disorders, and other diseases influenced by MIF.



**Figure 2: Therapeutic techniques targeting macrophage migration inhibitory factor (MIF)**

Figure 2 showcases various therapeutic techniques that specifically target Macrophage Migration Inhibitory Factor (MIF). Notably, the molecules ISO-1,

4-IPP, and Ibudilast have been identified for their ability to bind to the active site of MIF tautomerase. Through interactions with specific residues in MIF, these compounds induce structural modifications that hinder MIF's binding to CD74 and alter the functioning of MIF and its structural homolog DDT. Monoclonal antibodies have also been designed to target MIF molecules and inhibit their functionality effectively. Additionally, small-molecule inhibitors, including CD74, CXCR2, CXCR4, and CXCR7, have been developed to specifically target MIF receptors and interact with them. Another therapeutic avenue involves gene therapy, employing techniques to modify genes associated with MIF, such as Mif, DDT, or CD74, through gene deletion or knockdown processes.

**A. Small Molecular Inhibitors:** A class of chemical substances known as small molecular inhibitors exhibit selective binding to specific target molecules, disrupting their normal functions. These inhibitors are characterized by relatively low molecular weights, setting them apart from other drugs. Previous research has demonstrated the efficacy of small molecule inhibitors targeting Macrophage Migration Inhibitory Factor (MIF) in mitigating inflammation in various animal models, including severe sepsis, rheumatoid arthritis, allergic airway inflammation, colitis, and glomerulonephritis.<sup>46-50</sup> Expert assessments of advancements in MIF inhibitors have been extensively covered in the literature.<sup>51-53</sup> Moreover, the effectiveness of small inhibitory compounds specifically targeting MIF has been confirmed in diverse experimental cancer models, such as lung cancer, bladder cancer, adenoid cystic carcinoma, melanoma, and colon cancer.<sup>54-57</sup>

Recent discoveries have highlighted the focus on rational structure-based design in advancing small-molecule MIF inhibitors. These inhibitors selectively block MIF's tautomerase activity and its binding to CD74. Several significant investigations have explored this approach.<sup>51,53,58-60</sup> However, progress in small molecule MIF inhibitors has faced challenges due to the absence of a reliable and widely-used *in vitro* test for evaluating MIF's biological functioning. Future research is recommended to prioritize the creation of a clinically helpful MIF bioassay with traits like high throughput and reproducibility. This bioassay holds promise for various applications, including second-pass screening, glucocorticoid override, cellular proliferation assessment, and cytokine release detection.

As stated by Bloom et al. (2016 b)<sup>61</sup>, the main objective is to facilitate the development of efficient small molecule inhibitors that specifically target MIF. While research on the effects of ISO-1 and 4-IPP concerning acute pancreatitis (AP) and pancreatic ductal adenocarcinoma (PDAC) has been limited to experimental animal models, further investigation is

needed to evaluate the efficacy of small molecule MIF inhibitors in both controlled laboratory experiments and live organism environments. These efforts play a pivotal role in augmenting the current body of data and advancing the potential therapeutic use of these inhibitors.

**B. Anti-MIF Antibodies:** Within the realm of academic investigation, two separate studies conducted by Sakai et al. (2003)<sup>62</sup> and Matsuda et al. (2006)<sup>63</sup> have demonstrated the efficacy of anti-MIF antibodies in animal models of acute pancreatitis (AP). Sakai et al. (2003)<sup>62</sup> aimed to examine the effectiveness of anti-MIF antibodies in an animal model of AP induced by cerulein and lipopolysaccharide (CER/LPS), while Matsuda et al. (2006)<sup>63</sup> evaluated their use in a different AP model induced by a choline-deficient, ethionine-supplemented (CDE) diet. The collective findings of these investigations indicate promising therapeutic potential for targeting MIF in managing acute pancreatitis (AP).

Additionally, Sparkes et al. (2018)<sup>64</sup> conducted a study showcasing the efficacy of nanobodies, specifically NbE5 and NbE10, in reducing death rates in an animal model of septic shock. This research has garnered considerable attention due to its implications for the potential use of nanobodies in various scenarios involving inflammatory injury to vital organs, such as severe acute pancreatitis.

Researchers at Baxter have successfully developed a range of monoclonal antibodies that exhibit high specificity in targeting macrophage migration inhibitory factor (MIF). Hussain et al. (2013)<sup>65</sup> reported on the effectiveness of these antibodies in suppressing MIF activity in human PC3 prostate cancer cell lines and *in vivo* xenograft models. *In vitro*, studies have revealed that BaxG03, BaxB01, and BaxM159 possess inhibitory properties on cellular proliferation and viability by interacting with the ERK1/2 and AKT signaling cascades. Moreover, these antibodies have demonstrated the ability to inhibit migratory and invasive pathways activated by MIF. *In vivo*, investigations have shown that treatment with anti-MIF antibodies results in reduced tumor formation, with the extent of reduction dependent on the administered dose.

The efficacy of Imalumab (Bax69) was evaluated in individuals diagnosed with solid tumors and metastatic colorectal adenocarcinoma in a recent phase 1 clinical study conducted by Mahalingam et al. (2020).<sup>66</sup> The study revealed that imalumab exhibited a maximum tolerated dosage of 37.5 mg/kg when administered once every two weeks. A dosage of 10 mg/kg administered weekly demonstrated biological activity. Further research is needed to elucidate the precise role of anti-MIF antibodies in treating pancreatic cancer.

While antibodies have shown effectiveness, it is crucial to consider their finite duration of activity,

significant production costs, and potential to induce an immune response. These factors may impose limitations on their widespread utilization in clinical settings. Therefore, further research is necessary to enhance the clinical effectiveness of alternative therapy approaches targeting MIF modulation.

**C. Targeting MIF Receptors:** The primary objective of this chapter is to investigate the regulation of MIF receptors, with a particular focus on CD74, which plays a crucial role in controlling various biological processes following MIF signaling. Therapies targeting CD74 hold promise in inhibiting MIF signaling effectively.

Milatumzumab is a humanized monoclonal antibody that explicitly targets CD74. Preclinical studies by Stein et al. (2004, 2009)<sup>67, 68</sup> involving xenograft mice models with multiple myeloma demonstrated that milatumzumab significantly extended their lifespan. The experimental medicine has now advanced to the first stage of human studies, where it has been tested in individuals with multiple myeloma<sup>69</sup> and systemic lupus erythematosus<sup>70</sup> with no significant side effects observed.

Researchers are also exploring CD74 inhibitors and other drugs within the MIF pathway, such as Reparixin (a CXCL2 inhibitor) and Plerixafor (a CXCL4 inhibitor).<sup>71, 72</sup> The MIF/CD74 pathway activates pro-survival and regenerative mechanisms that protect the organism during damage<sup>73</sup>, making it crucial for wound healing. However, careful consideration is required when contemplating a complete CD74 blockade, as it may lead to unintended adverse effects. Proper measurement and alignment of treatment methods are essential to avoid any unintended side effects in clinical applications.

#### 4. MIF-RELATED GENE THERAPY

The observation that MIF knockout mice live longer than wild-type mice without any apparent health issues provides a favorable foundation for exploring gene therapy directly targeting MIF-associated activities.<sup>74</sup> In the context of treating acute pancreatitis (AP) and pancreatic ductal adenocarcinoma (PDAC), gene therapy targeting MIF-related genes, such as Mif, DDT, or CD74, has shown promise.<sup>63, 75</sup>

Furthermore, Kindt et al. (2013)<sup>76</sup> demonstrated that reducing macrophage migration inhibitory factor (MIF) expression increased the susceptibility of a xenograft model of head and neck squamous cell carcinoma to cisplatin and 5-fluorouracil therapy. In contrast, Funamizu et al. (2013)<sup>77</sup> found that overexpression of MIF in pancreatic cancer cells reduced the efficiency of gemcitabine therapy. These findings collectively suggest that inhibiting MIF could potentially enhance the efficacy of chemotherapeutic drugs in cancer treatment.

Ongoing research holds promise for the future

clinical evaluation of MIF-suppressing treatment strategies. Gene therapy targeting genes associated with MIF (Macrophage Migration Inhibitory Factor) presents a potential avenue for developing effective therapies for various disorders.

#### 5. PROSPECTS FOR INHIBITOR DEVELOPMENT

The development of MIF inhibitors offers a wide range of structural options to target MIF tautomerase activity efficiently. These include direct competition, allosteric regulation, and covalent binding, valuable resources for creating novel structural patterns to block MIF's cytokine effects effectively. In order to determine the binding capability of these inhibitors to cellular receptors like CD74, CXCR2, CXCR4, and CXCR7, various experiments are necessary. Studying these inhibitors in disease models will provide valuable insights into their potential therapeutic applications.

Overcoming several challenges is crucial in the process of inhibitor creation. Cisneros et al. (2016)<sup>78</sup> found that the quoted IC50 values of MIF tautomerase inhibitors may not consistently reflect their true inhibitory strength. Furthermore, some inhibitors were less effective than in previous studies. Considering the time-dependent properties of covalent or slow-tight-binding inhibitors, which are often overlooked, assessing potential reversibility using enzyme dilution studies is necessary. The sigmoidal nature of enzyme kinetics associated with MIF's tautomerase activity toward its substrate, p-hydroxyphenylpyruvate (4-HPP), makes it challenging to calculate the Michaelis-Menten constant (Km) and inhibition equilibrium constant (Ki) based solely on IC50 values. Thus, it is recommended to broaden its scope by including enzyme dilution experiments, kinetic studies, or direct binding assays in MIF binding research. Addressing these issues will contribute to developing more reliable and effective MIF inhibitors.

#### 6. CONCLUSION

The intricate association between MIF and various health conditions, encompassing cancer, chronic inflammatory disorders, and tissue repair, suggests its potential application in regenerative medicine. Moreover, MIF's crucial role in regulating immunological responses, particularly T-cell activation and polarization, underscores its significance in studying immune-related illnesses and developing immunotherapeutic approaches.

MIF serves as a promising biomarker for disease identification and assessment of severity, enabling timely interventions and personalized treatment strategies. Research on MIF genetic polymorphisms has also provided insights into an individual's susceptibility to inflammatory disorders and cancer, paving the way for precision treatment methods. To enhance

the potential effectiveness of MIF inhibitors while minimizing off-target effects, novel delivery systems such as nanoparticle-based drug carriers can be developed. Additionally, advancements in gene editing technologies like CRISPR-Cas9 hold the promise of precise control over MIF expression, offering new therapeutic opportunities. As our understanding of MIF's intricate involvement in health and disease continues to expand, the subject has sparked significant interest for further research across various scientific domains. Ongoing MIF research and the development of tailored medications have the potential to revolutionize healthcare and improve patient outcomes in diverse conditions

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**CONFLICT OF INTEREST**

Authors declare no conflict of interest.  
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**AUTHORS' CONTRIBUTION**

The following authors have made substantial contributions to the manuscript as under:

Conception or Design:	PN, LRPL
Acquisition, Analysis or Interpretation of Data:	PN, LRPL, KR
Manuscript Writing & Approval:	PN, LRPL, KR

All the authors agree to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.



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